

## WEIGHT MANAGEMENT FOR PETS

Client Information Series

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It was once said that a fat pet is a happy pet but times are changing. We are now realizing that keeping your pet at a more healthy weight will give them a longer, happier and healthier life. It is defiantly hard to say no to your pet when they look at you with those eyes but in the long run it will be better for them.

To help maintain an appropriate weight we recommend meal feeding two times a day over free feeding throughout the day. It also helps to use a one cup measuring cup to measure out the food over using a butter container, old drinking cup or any other odd cup in the cupboard. We can help you determine how much food to be giving your animal and what to do if your pet needs to lose a pound or two.

It is also important to remember that treats are not free calories, we need to include them in your pets overall caloric needs. To determine how many calories are in a treat you may need to look up the nutritional facts for that product on the internet or call the manufacturer. Treats are ok to give but we then have to reduce the amount of food that you feeding to compensate.

Maintaining a more healthy weight will also help reduce the risk of certain disease such as diabetes in your pets. These diseases can shorten the life of your pet and can mean doing daily treatments.



*“Caring for your pets...as if they were our own”*